

**YORKSHIRE COUNTY ATHLETICS ASSOCIATION TRACK &
FIELD CHAMPIONSHIPS**

including
HUMBERSIDE TRACK & FIELD CHAMPIONSHIPS

(under UK Rules)
will be held at

Don Valley Stadium, Sheffield

on
Saturday 8th May and Sunday 9th May 2010
at 10.00 a.m.

Saturday

Snr Women/Jnr Women	100m, 800m, 3000m, 400m Hurdles, 2000m Steeplechase, Triple Jump, High Jump, Hammer* (this event will start at 10.00 a.m), 4 x 100m
u17 Women	200m, 1500m, 80m Hurdles, 300m Hurdles, Long Jump, High Jump, Discus, Javelin, Hammer* (this event will start at 10 a.m)
u15 Girls	100m, 800m, 75m Hurdles, Shot, Javelin, Discus, 4 x 100m
Senior Men	100m, 400m, 1500m, 400m Hurdles, 3000m Steeplechase, Triple Jump, High Jump, Shot, Hammer, Pole Vault**
Junior Men	200m, 800m, 400m Hurdles, Long Jump, Discus, Javelin, Pole Vault**
u17 Men	100m, 800m, 400m Hurdles, 3000m, Hammer, Shot, Triple Jump, Long Jump, Pole Vault**
u15 Boys	200m, 400m, 1500m, 80m Hurdles, Hammer, Shot, High Jump, Pole Vault**, 4x100m
u13 Boys	100m, 800m, Long Jump, Shot

Sunday

Snr Women/Jnr Women	200m, 400m, 1500, 100m Hurdles, Long Jump, Pole Vault**, Shot, Discus, Javelin
u17 Women	100m, 300m, 800m, Shot, Triple Jump, Pole Vault**
u15 Girls	200m, 1500m, Long Jump, High Jump, Pole Vault**
u13 Girls	80m, 800m, Long Jump, Shot
Senior Men	200m, 800m, 5000m, 110m Hurdles, Discus, Javelin, Long Jump, 4 x 100m
Junior Men	100m, 400m, 1500m, 3000m, 110m Hurdles, 2000m Steeplechase, Shot, Hammer, Triple Jump, High Jump
u17 Men	200m, 400m, 1500m, 100m Hurdles, 1500m Steeplechase, Discus, Javelin, High Jump, 4x100m
u15 Boys	100m, 800m, Javelin, Long Jump, Discus

**** Pole Vaults will commence at 10.00 a.m. and follow on**

Entry Fees: £5 per event (Senior Men, Junior Men, Senior Women, Junior Women)
£4 per event all other ages

Relays: £12 per team (Senior Men and Senior Women), £8 per team all other age groups

A self addressed stamped envelope MUST be included for admission ticket, timetable etc. please make correct postage is affixed to both envelopes as the organisers are not responsible for collecting mail where postage is underpaid.

Age Groups: Junior Men & Women – Competitors under 20 years at midnight on 31st December 2010

u17 Men & Women – Competitors who have reached their 15th birthday but not their 17th birthday by midnight 31st August/1st September 2010

u15 Boys & Girls – Competitors who have reached their 13th birthday but not their 15th birthday by midnight 31st August/1st September 2010

u13 Boys & Girls – Competitors who have reached their 11th birthday but not their 13th birthday by midnight 31st August/1st September 2010

IMPORTANT

Boys and Girls (11 – 13 years) may choose to enter **either** the u15 or u13 events, **but not both age groups**. Competitors choosing to enter the u13 events are not eligible to enter any u15 events at this Championship meeting.

Relays – Clubs shall **not be allowed to enter more than 3 times** the number of runners entitled to compete per team. A club entering more than one team shall be allowed to select the teams from the complete club entry for the event. Every club/team entry shall be signed by an authorised member of the club on whose behalf the entry is being made. **The club shall be held responsible for the accuracy of the information given, and for the eligibility of the runners.**

There are no standards required to enter the Championships

Athletes must retain their numbers and must report again if they are competing on the following day.

Proof of posting is not proof of delivery.

AWARDS – u13, u15, u17, Junior and Senior athletes
Yorkshire

First County Gilt Medal
Second County Silver Medal
Third County Bronze Medal

Humberside

First County Gilt Medal
Second County Silver Medal
Third County Bronze Medal

If less than 3 entries per event, the event will be cancelled.

Junior Women to compete in the same competition as the Seniors, but awarded medals as all other age groups, if a Junior is first in an event they **will not** receive a Senior medal.

QUALIFICATION – eligible to compete in the Yorkshire/Humberside Championships on the grounds of **Birth/Residence**. Only first Claim members of a club may represent that Club in Team events. An athlete can only compete in the Championships of one County during the season. Birth certificates must be produced on request.

CLOSING DATE – THURSDAY 8th APRIL 2010

ENTRIES MUST BE ON THE OFFICIAL FORM
NO LATE ENTRIES UNDER ANY CIRCUMSTANCES

Entries to:

Yorkshire County Athletics Association
Fiona Lancaster, 19 The Balk
Walton, Wakefield, West Yorkshire. WF2 6JZ

Tel: 01924 251427

Email: fiona.lancaster@btinternet.com

2010 YORKSHIRE CHAMPIONSHIPS

INCLUDING

HUMBERSIDE CHAMPIONSHIPS

MENS ENTRY FORM

Official Use

Surname

Address

Post Code

Tel No.....

Email

Date of Birth

Age Group you wish to enter (Please circle)

Senior Men

Junior Men

u17 Men

SATURDAY

I wish to enter the following events:

2009/10 PB

I wish

1	P.B	1
2	P.B	2
3	P.B	3
4	P.B	4
5	P.B	5
6	P.B	6

Cheque/PO value £.....

PLEASE NOTE -

I declare that I am eligible to compete under UK Rules and that I am eligible to compete in the **Yorkshire*/Humberside*** Championships on the grounds of -

***Birth/*Residence**

(*delete whichever doesn't apply)

I am aware that drug testing may take place and that Club vests must be worn. Birth certificates must be produced on request.

If you have any special needs, do you require an assistance form? YES/NO

Signed

(If under 16 to be signed by a Parent or Guardian)

Please send completed entry forms to:

Fiona Lancaster, 19 The Balk, Walton, Wakefield West Yorkshire. WF2 6JZ

Tel: 01924 251427

Please enclose SAE for admittance ticket, timetable etc.

CLOSING DATE - THURSDAY 8th APRIL 2010

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NO STANDARDS REQUIRED TO ENTER CHAMPIONSHIPS

2010 YORKSHIRE CHAMPIONSHIPS

INCLUDING

HUMBERSIDE CHAMPIONSHIPS

WOMENS ENTRY FORM

Official Use

Surname

Address

Post Code

Tel No.....

Email

Date of Birth

Age Group you wish to enter (Please circle)

Senior Women

Junior Women

u17 Women

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